

# TEAM BUILDING PROGRAMS



## PLAY IT Forward

This philanthropic adventure race combines cryptically worded or photo clues, digital photography and interactive team initiatives. The more clues and locations teams find, the more funds they raise for an entrepreneur in an emerging country. Teams will be energized by competition while working towards a common goal.



## THE Rescuers

This search-and-rescue simulation challenges your team to find, treat, and evacuate a team of missing scientists while recovering their valuable data. To succeed, the team must find the winning balance between planning and execution while integrating various areas of expertise.



## KINGBRIDGE Trek TO THE TOP

Stopping to complete various team activities along the way, teams will walk and make their way to their final location and challenge. Teamwork will be tested and relationships built with the goal of reaching the 'summit'. (This program can be done with or without using a portion of the ropes course).



## THE Juggling ACT

We've all been there...meetings where the focus fades. You want your team to be engaged, so shake up their day with a completely different learning experience. By breaking down juggling into small and manageable steps, participants will coach each other, set their own goals, and experience what it takes to keep a learning mindset.



## THE Art of Team

Get that creative edge as your team produces a mosaic of collaborative artistic masterpieces. Each team member contributes unique ideas and brushstrokes. This program concludes with a stroll through the interactive Art Gallery that allows members to gain appreciation for the diverse perspectives within the team!



## CONQUERING Everest

At 8850m Everest is the tallest mountain on earth and one of the most sought after mountaineering goals. Your team will have a chance to embark on a simulated ascent of this extraordinary mountain as participants make critical decisions that will lead them to the top.



## DESERT Survival

It is 10 a.m. on a mid-August day and your plane has just crash-landed in the middle of the desert. You and your fellow passengers are alright but getting out of this situation in one piece is going to require some quick thinking and, more importantly, collaboration. If there's one thing for certain, no one will make it alone.



## REACHING NEW Heights

Utilize the power of experiential learning with our high ropes experience at Kingbridge! A progression of team activities prepares team members for a challenge by choice opportunity. Build trust, enhance communication, get outside of your comfort zone and take your team's performance to the next level.



## PUT YOUR Chef Hat ON!

This highly competitive food adventure will challenge teams to create the ultimate culinary masterpiece to market and present to a panel of judges. A great kick-off to a conference, a pre-dinner event, or anywhere you want to add some fun to your agenda. Breakfast and dessert options are also available.



## Jump Start YOUR TEAM

Looking for a way to inject some energy and excitement into your next meeting? The Jump Start Your Team program is designed around the importance of play for our well-being. A series of playful and competitive team challenges reinforce critical team skills, communication, collaboration. A give back to a play based charity is included.



## Step Up

Sometimes the best indicator of an organization's success lies beyond the bottom line and can be measured by the impact it has on the community in which it operates. Through a series of competitive challenges, teams will earn and assemble elements of a prosthetic leg destined for one of our global neighbours.



## Survive-OR-Thrive

Through demanding team challenges, this program will identify key elements that separate teams who simply survive from those who consistently thrive. Add to this an element of Corporate Social Responsibility and you have the makings of a truly meaningful team experience.

....more options available!



CONNECT WITH US TO LEARN MORE!

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# TRAINING WORKSHOPS



Do you have a newly formed team or one that is simply looking for a tune-up? In this session you will experience high performance teamwork, understand its value and know how to intentionally achieve it at work.



Much of a person's success is based on their ability to be in touch with, monitor, and effectively manage their responses to a variety of interpersonal interactions. Understanding where we have healthy, under-functioning or even over-functioning qualities in various EI scales is the first step in becoming a more effective leader.



Is your team struggling to keep up with the rapid pace of change? In this workshop, we explore the link between our need for innovation and the challenge of coping with the natural responses change inevitably causes.



Building an effective team takes commitment and a deliberate, thoughtful approach from everyone involved. This workshop, based on the elegant and simple model described by author Patrick Lencioni provides an excellent framework for developing a high performance team.



Do you have differences that split your team? Do you find that you communicate quite easily with some people and have to make a real effort with others? We all have different personality styles that create these situations. Understanding your personal type and the types of others is critical in driving effective interpersonal interactions.



Developing effective leaders is a deliberate and ongoing process. This program will inspire participants to set a compelling personal leadership vision, help them to assess their current reality and give them the tools they need for success.



The Strength Deployment Inventory (SDI®) goes beyond measuring personality and explores the motivations and values that support the behaviours we choose. Identifying what drives us is tremendously helpful particularly when it feels like people are crashing into each other, rather than driving organizational results.



Organizational cultures in which everyone is fully engaged and connected to a common purpose happen when leaders have a clear vision of what that culture looks like. Leaders "walk the talk" to ensure everyone not only hears about it, but sees it modeled. This workshop will provide you with a framework to make your vision become your reality.



Communication seems like a simple concept but it often results in mixed messages, unclear directives and even interpersonal conflict. Effective communication is vital for success. In this workshop, participants learn about what works for them and why at times, the impact of their message is quite different than what they had intended.



Does your team spend too much time in unproductive storming and too little time truly performing. This session will help team members find that "sweet spot" where they can engage in healthy, productive conflict and avoid the negative, destructive kind.



Trust is the foundation for strong team relationships and the lack of trust within a team results in silos, unhealthy competition, poor or non-existent communication, and more. Building trust within your team is not easy. Our team will set the stage - your team will gain a whole new perspective on each other that will help drive results.



Research by the Gallup Organization has found that people who have an opportunity to focus on their strengths every day are 6 times as likely to be engaged in their jobs. Find out what makes your team tick and develop action plans to leverage their strengths and drive your team to high performance.



Summit can provide a skilled facilitator to take you through any or all of the stages of the planning cycle including: clarifying your mission, discovering your core values, setting a compelling vision, conducting a SWOT analysis, choosing strategic priorities, objective goal setting and action planning, and more..



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