

REFRESHMENT BREAKS

Morning Break

Available from 7:30 a.m. to 11:30 a.m.

Freshly Sliced Seasonal Fruits

Breakfast Bakery Basket to include Assorted Muffins, Bagels, Croissants and Pastries

Fruit Preserves, Marmalade, Honey, Cream Cheese and Butter

Assorted Individual Yogurts

Freshly Brewed Colombian and Decaffeinated Coffee and a Selection of Teas, Water, Soft Drinks & Fruit Juices

Afternoon Break

Available from 1:00 p.m. to 5:00 p.m.

Cornucopia of Fresh Whole Fruit

Raw Vegetables with Seasonal Dip

Sweets from the Bakery

Savoury Snacks & Granola Bars

Daily Selection of Assorted Snack Chips & items from the Candy Jar

Freshly Brewed Colombian and Decaffeinated Coffee and a Selection of Teas, Water & Soft Drinks

Evening Break

Available from 5:00 p.m. to 9:00 p.m.

Crudité

Assorted Snack Chips

Cookies

Freshly Brewed Colombian and Decaffeinated Coffee and a Selection of Teas, Water and Soft Drinks

Movie Night Package

Popcorn bar, Chips, and Selection of Candies

REFRESHMENT BREAKS

Break Enhancements

Fruit Smoothies

Hummus served with a selection of crackers

Bagel Bar with Speciality Cream Cheeses; Smoked Salmon, Herb & Cinnamon

Grab and Go Wrapped Breakfast Sandwiches

Warm: Sausage and Cheese in English Muffin

Cold: Smoked Salmon, Lettuce & Cream Cheese on Croissant